

BLUE COTTAGE MARTIAL ARTS


207 East Hanover Street ~ New Baden, IL 62265

(618) 588-2622



Taekwondo
Schedule

January 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 1	5pm- 2 <i>Beginner & Interm</i> 6pm- <i>Interm & Advanced</i>	5pm- 3 <i>Beginner & Interm</i> 6pm- <i>Interm & Advanced</i>	5pm- 4 <i>Beginner & Interm</i> 6pm- <i>Interm & Advanced</i>	5pm-5:55pm- 5 ALL BELTS 5pm-6:30pm Black Belts	BELT TEST 6 <i>9am-9:55am Begin.</i> <i>10am-11:30am Int.</i> <i>12pm-? Advanced</i>
2pm – 3pm 7 OPEN GYM <i>Sign up online</i>	5pm- 8 <i>Beginner & Interm</i> 6pm- <i>Interm & Advanced</i>	5pm- 9 <i>Beginner & Interm</i> 6pm- <i>Interm & Advanced</i>	5pm-5:55pm- 10 ALL BELTS 6pm-6:30pm- BELT CEREMONY	5pm- 11 <i>Beginner & Interm</i> 6pm- <i>Interm & Advanced</i>	5pm-5:55pm- 12 ALL BELTS 5pm-6:30pm Black Belts	10am- 13 ALL BELTS 11am- (Sparring) ALL BELTS
2pm – 3pm 14 OPEN GYM <i>Sign up online</i>	5pm- 15 <i>Beginner & Interm</i> 6pm- <i>Interm & Advanced</i>	5pm- 16 <i>Beginner & Interm</i> 6pm- <i>Interm & Advanced</i>	5pm- 17 <i>Beginner & Interm</i> 6pm- <i>Interm & Advanced</i>	5pm- 18 <i>Beginner & Interm</i> 6pm- <i>Interm & Advanced</i>	5pm-5:55pm- 19 ALL BELTS 5pm-6:30pm Black Belts	10am- 20 ALL BELTS 11am- (Sparring) ALL BELTS
2pm – 3pm 21 OPEN GYM <i>Sign up online</i>	5pm- 22 <i>Beginner & Interm</i> 6pm- <i>Interm & Advanced</i>	5pm- 23 <i>Beginner & Interm</i> 6pm- <i>Interm & Advanced</i>	5pm- 24 <i>Beginner & Interm</i> 6pm- <i>Interm & Advanced</i>	5pm- 25 <i>Beginner & Interm</i> 6pm- <i>Interm & Advanced</i>	5pm-5:55pm- 26 ALL BELTS 5pm-6:30pm Black Belts	10am- 27 ALL BELTS 11am- (Sparring) ALL BELTS
2pm – 3pm 28 OPEN GYM <i>Sign up online</i>	29 5pm- <i>Beginner & Interm</i> 6pm- <i>Interm & Advanced</i>	30 5pm- <i>Beginner & Interm</i> 6pm- <i>Interm & Advanced</i>	31 5pm- <i>Beginner & Interm</i> 6pm- <i>Interm & Advanced</i>	NEW SCHEDULE!	 Like us on fb	BEGINNER Ranks: <i>White to Green Tip</i> INTERMEDIATE Ranks: <i>Green to Blue Belt</i> ADVANCED Ranks: <i>Red Tip to Black Belt</i> KEY

Sign up for Sunday OPEN GYM
Email: info@chosonmaa.com
Name & Date & "Sign Me Up"
*at least 24 hours prior

Rules for Open Gym:
Must be signed up for unlimited
attendance. Students under 16 must
have an adult with them at all times.

Rules for Sparring classes:
Must have complete approved
sparring gear to participate.
INCLUDING MOUTH PIECE

Uniform: Must have complete approved CMAA Uniform to
participate in classes & Testing. WHITE tank tops may be
worn under the Dobok.